

Organisation

Venue

IPU Berlin, Stromstr. 2, Auditorium 1 (3rd Floor), 10555 Berlin

Time

Friday, 23 March, 2018, 18:30–20:00

Saturday and Sunday, 24–25 March, 2018, 9:15–17:00

Conference fee

€ 190

Psychologists/doctors in practical year

€ 120

IPU students

€ 60

Contact and registration

IPU Outpatient Clinic

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More information:

www.ipu-berlin.de/ambulanz

Please register by email or fax by 15 March, 2018.

You receive the bank details with your registration confirmation.

The registration becomes valid upon receipt of the fee.

The contribution includes coffee and snacks.

The workshop is certified by the Berlin Chamber of Psychotherapists.

International Psychoanalytic University Berlin

Stromstraße 1

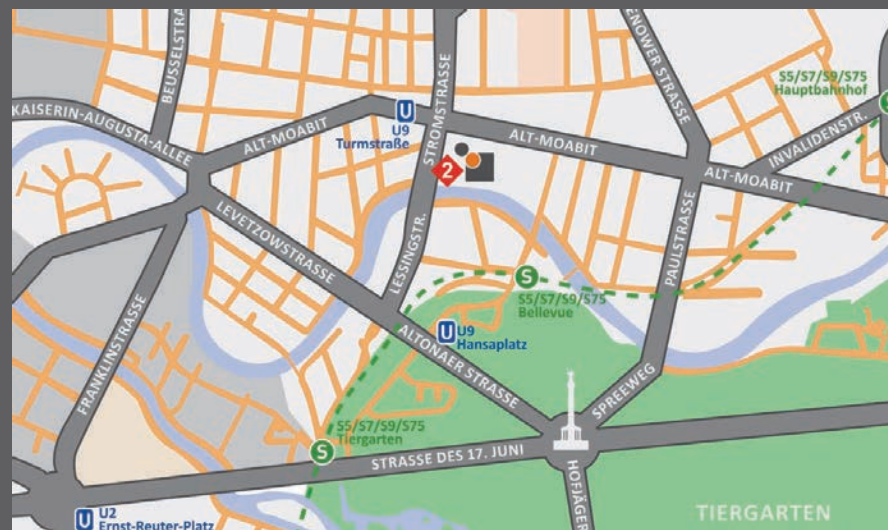
10555 Berlin

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How to find us

The IPU is located at the border of the Tiergarten and Moabit districts close to the Spree River.

By public transport

S-Bahn overground station Bellevue (approx. 1 km walk) and U-Bahn underground station Turmstraße (U9). Bus stops nearby.

Parking is permitted in the P3 carpark (up to 2 hours free of charge).



INTERNATIONAL
PSYCHOANALYTIC
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DIE PSYCHOANALYTISCHE UNIVERSITÄT IN BERLIN

PSYCHOTHERAPY AND THE COMMUNICATION PARADIGM

Epistemic Trust and Vigilance,
Mentalization and Mentalized Affectivity
24–25 March, 2018

New Trends in Mentalization Theory

Public Talk, Friday, 23 March, 2018, 18:30–20:00

Part I: The Communicative Instinct – Origins of Trust-based Mentalization and Its Disorders (Professor György Gergely)

Recent research advances in developmental science, infant social cognition, and social cognitive neuroscience have led to significant new discoveries concerning the origins of early understanding of the social mind in infants. These results give rise to a novel paradigm, in which differentiating self and others and representing them as communicative social and mental agents are seen as an evolved competence already present from the beginning in preverbal infants. This new approach contrasts with standard developmental accounts where the basic capacity to mentalize is considered to be a developmental achievement appearing only at around 4 years of age, and which is inherently related to the quality of early caregiver-infant attachment interactions. In this talk we shall review the evidence indicating the central role played by the human species' unique social cooperative instinct for ostensive-inferential communication and communicative mindreading, which serve the transmission of new and relevant information and shared cultural knowledge among humans. We shall explore how various early forms of communicative abuse that involve violations of basic epistemic trust and the presumption of communicative relevance that characterises the social communicative instinct can lead to the kinds of deficits in trust-based mentalization and communicative dysfunctions as found in different types of adult psychopathology. Finally, we shall consider how this new approach sheds light on the therapeutic discourse and technical issues in psychotherapy.

Part II: Mentalizing Emotions (Professor Elliot Jurist)

In the second part of this talk, two current models of emotion regulation (the process model and the mindfulness model) are discussed and then contrasted with a third model, mentalized affectivity. Following this, research findings about mentalized affectivity, based upon the Mentalized Affectivity Scale (Greenberg et al., 2017) will be presented and discussed. Results indicate that the categories of identifying, processing/modulating, and expressing emotions are robust, and that there are interesting clinical implications concerning personality style, psychopathology and treatment.

PSYCHOTHERAPY AND THE COMMUNICATION PARADIGM

Epistemic Trust and Vigilance, Mentalization and Mentalized Affectivity

Clinical Workshop, Saturday and Sunday, 24–25 March, 2017

This workshop is intended for psychotherapists and clinical researchers interested in the clinical implications of the new advances in developmental science, infant social cognition, and social cognitive neuroscience research with regard to the development of mentalizing capacities and their dysfunctions. Taking the example of borderline psychopathology, it will be illustrated how communicative abuse can lead to the characteristic distortions of trust-based mentalization processes and dysfunctional affective vigilance. Adaptive mindreading and monitoring processes will be contrasted with dysfunctional “mind-seeing” and over-confidence in mental state attributions; the nature of pathological forms of “unconstrained mentalization” and “relevance blindness” in communicative mindreading will be discussed. It will be highlighted how and to what degree therapeutic interventions can re-establish communicative trust and improve relevance-based mind monitoring in psychotherapy. A second focus of this workshop will be on how mentalized affectivity is part of the larger aim of psychotherapy, in order to improve or restore the capacity to communicate. Strategies on how to cultivate mentalized affectivity in psychotherapy will be developed and the notion of truthfulness as underlying mentalized affectivity will be introduced. The relation of the concept of mentalized affectivity to Bionian and post-Bionian thought will be elaborated. The theoretical input from Professor Jurist and Professor Gergely will alternate with the supervision of cases presented by participants, as well as teachers.

György Gergely, Ph.D., D.Sc., is Professor of Psychology in the Department of Cognitive Science at the Central European University (CEU) in Budapest, Hungary, and a member of the Academic Faculty for Psychoanalytic Research UCL/Anna Freud Centre, London. He has published extensively in areas ranging from cognitive science and socio-emotional development to clinical and psychoanalytic developmental theory. He co-authored the book entitled *Affect Regulation, Mentalization, and the Development of the Self* (2002, with Peter Fonagy, Mary Target and Elliot Jurist). It won the Gradiva Prize for the best book on clinical theory and the Goethe Award from the Canadian CPA.

Elliot Jurist, Ph.D., is Professor of Psychology and Philosophy at the Graduate Center and The City College of New York, CUNY. From 2008 to 2017, he was the editor of *Psychoanalytic Psychology*. He is also the editor of the book series “Psychoanalysis and Psychological Science” and author of the forthcoming book “Minding Emotions”. He is the author of “Beyond Hegel and Nietzsche: Philosophy, Culture and Agency” (2000) and co-editor of “Mind to Mind: Infant Research, Neuroscience, and Psychoanalysis” (2008).

Saturday, 24 March, 2018

9:15–9:45 Introduction

9:45–11:30 Understanding Dysfunctions of Mentalizing, Communicative Trust and Affective Vigilance in the Treatment of Borderline Psychopathology (Gergely)

11:30–12:15 Comments by Professor Jurist and audience questions

13:30–14:45 Mentalized Affectivity and Therapeutic Action (Jurist)

14:45–15:30 Comments by Professor Gergely and audience questions

15:30–16:15 Summary and discussion (Gergely and Jurist)

16:15–17:00 Final questions and conclusions

Sunday, 25 March, 2018

9:15–9:45 Introduction: Linking Research, Theory and Practice

9:45–10:15 Case Presentation: Professor Gergely on Pseudo-Autism

10:15–11:00 Supervision

11:00–11:30 Case Presentation

11:30–12:15 Supervision

13:30–14:00 Case Presentation: Professor Jurist discusses Oliver Sacks

14:00–14:45 Supervision

14:45–15:30 Case Presentation

15:30–16:15 Supervision

16:15–17:00 Summary and audience participation