

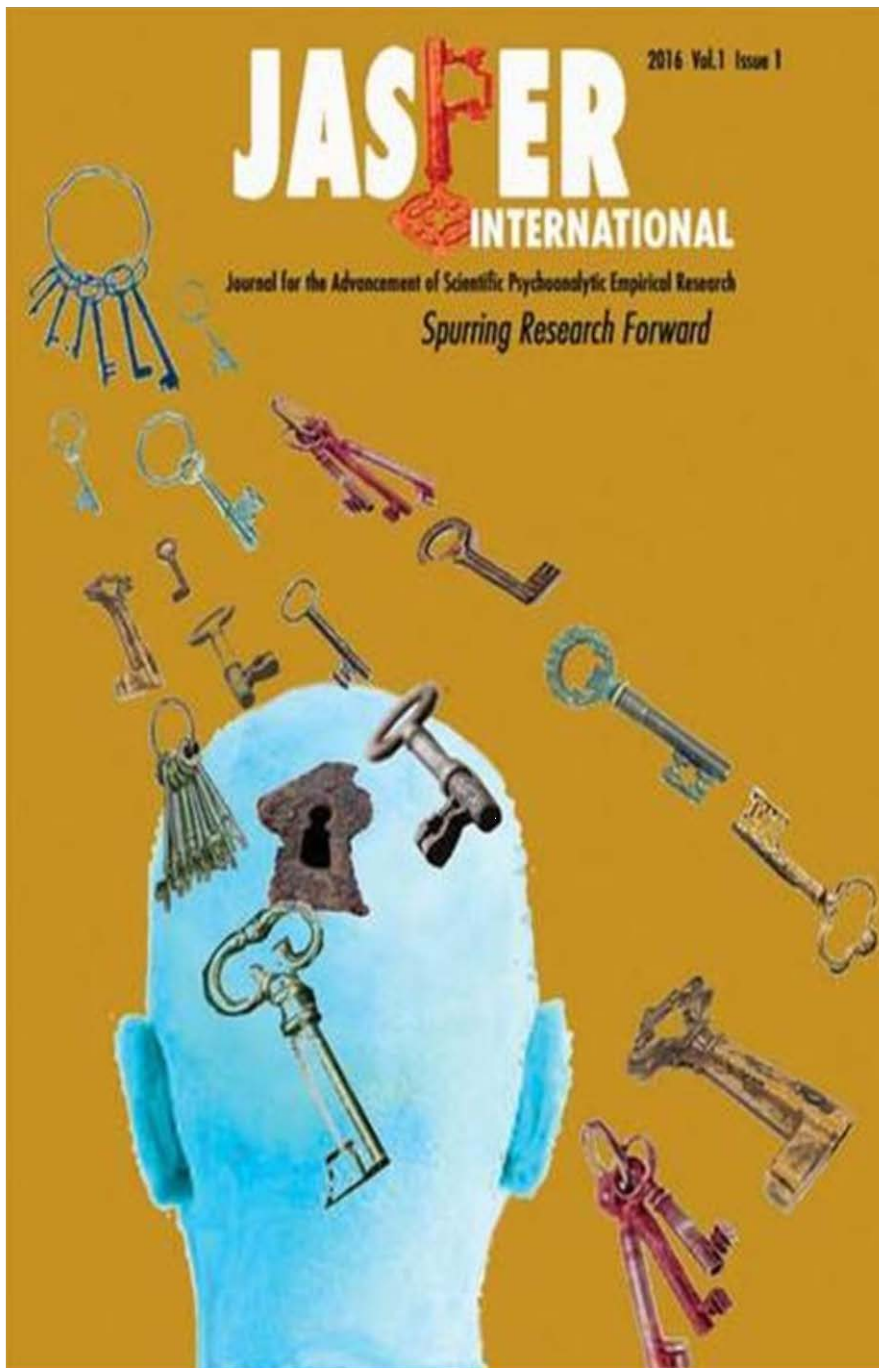
JASPER

INTERNATIONAL

2016 Vol.1 Issue 1

Journal for the Advancement of Scientific Psychoanalytic Empirical Research

Spurring Research Forward



2018 Vol.2 Issue 1

JASPER

INTERNATIONAL

Journal for the Advancement of Scientific Psychoanalytic Empirical Research



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Who Sez Psychoanalysis Ain't Got No Empirical Research to Back Up Its Claims

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An Extensive Bibliographic Compendium of Studies

Burton Norman Seitler, Ph.D.

The above provocative title was specifically chosen to parody the silly rush to judgment which took place, and has held fast for at least four decades, about the so-called lack of research in psychoanalysis. As one can see at a glance from merely scanning the list below, there is no dearth of solid psychoanalytic research. On this list alone, there are over 300 empirical investigations that are recorded below. What is more, these studies represent only fraction of the excellent research on psychoanalytic and psychodynamic topics that have been published in a wide array of peer-reviewed journals. I am providing this large, yet incomplete list so that all of us are informed about the great depth and breath of empirical psychoanalytical work that has been done over the years and which continues as this is being written. The following alphabetized list of investigations traverses a great deal of psychoanalytic territory, such as: adolescence, adult psychotherapy approaches, affect regulation, alexithymia, alliance, assessment and measurement, attachment, attention deficit hyperactivity disorders, brain changes, castration anxiety, child analysis, consultation, countertransference, defense mechanisms, dreamwork, efficacy of psychoanalysis as compared with other psychotherapies, epistemological understandings, group psychotherapy, insight, mechanisms of change, memory, methodological studies, narcissism, neuroscience, philosophy of science interpretations, process

studies, resistance, self, separation anxiety, separation-individuation, supervision, techniques, termination, transference, unconscious, and so on...

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